

CLARENCE SENIOR CENTER JULY CALENDAR

Thursday, July 1

9:00 Full Body Workout
12:00 Pool
12:30 Duplicate Bridge
1:00 Poker
1:15 Bingo

Friday, July 2

9:00 Intermediate Bridge
9:30 – 11:00 Senior Outreach Program
12:00 Pool
1:00 Pinochle

Monday, July 5

Center is closed.

Tuesday, July 6

9:00 Exercise & Weights
9:30 Men's/Women's Bridge
(4 some only)
10:00 Blood Pressure
11:30 Resistance Training Exercise
12:00 Pool
1:00 Intermediate Bridge
1:00 Poker

Wednesday, July 7

9:30 Line Dance
9:00 So-Sew
9:30 Ceramic Arts Class
9:30 Woodcarvers
10:00 Euchre
12:00 Pool
1:00 Poker
1:00 Bridge and Social Cards
1:15 Silvertones
6:30 Pinochle

Thursday, July 8

9:00 Full Body Workout
10:30 Book Club
12:00 Pool
12:30 Duplicate Bridge
1:00 Poker
1:15 Bingo

Friday, July 9

9:00 Intermediate Bridge
9:30 – 11:00 Senior Outreach Program

July 9 – cont.

11:00 Travel Club
12:00 Pool
1:00 Pinochle
1:00 Poker

Monday, July 12

9:00 Exercise & Weights
9:00 So-Sew
9:30 Ceramic Arts Class
10:15 Tap Dancing
11:30 Lyrical Jazz
12:00 Pool
1:00 Poker

Tuesday, July 13

9:00 Exercise & Weights
9:30 Men's/Women's Bridge
(4 some only)
10:00 Blood Pressure
11:00 Univera Informational
11:30 Resistance Training Exercise
12:00 Pool
1:00 Intermediate Bridge
1:00 Poker

Wednesday, July 14

9:30 Line Dance
9:00 So-Sew
9:30 Ceramic Arts Class
9:30 Woodcarvers
10:00 Euchre
12:00 Pool
1:00 Poker
1:00 Bridge and Social Cards
1:15 Silvertones
6:00 Gazebo Event
6:30 Pinochle

Thursday, July 15

9:00 Full Body Workout
9:30 Nature Club
12:00 Pool
12:30 Duplicate Bridge
1:00 Poker
1:15 Bingo

CLARENCE SENIOR CENTER JULY CALENDAR

Friday, July 16

9:00 Intermediate Bridge
9:30 – 11:00 Senior Outreach Program
12:00 Pool
1:00 Pinochle
1:00 Poker

Monday, July 19

9:00 Exercise & Weights
9:00 So-Sew
9:30 Ceramic Arts Class
10:00-2:30 AARP Driving Course
10:15 Tap Dancing
11:30 Lyrical Jazz
12:00 Pool
1:00 Poker

Tuesday, July 20

9:00 Exercise & Weights
9:30 Men's/Women's Bridge
(4 some only)
10:00 Blood Pressure
10:00-2:30 AARP Driving Course
10:45 Five Secrets Presentation
11:30 Resistance Training Exercise
12:00 Pool
1:00 Intermediate Bridge
1:00 Poker

Wednesday, July 21

9:30 Line Dance
9:00 So-Sew
9:30 Ceramic Arts Class
9:30 Woodcarvers
10:00 Euchre
12:00 Pool
1:00 Poker
1:00 Bridge and Social Cards
1:15 Sunshine Birthday Club
1:15 Silvertones
6:30 Pinochle

Thursday, July 22

9:00 Full Body Workout
10:30 Book Club
12:00 Pool
12:30 Duplicate Bridge
1:00 Poker
1:15 Bingo
1:15 Encompass 65

Friday, July 23

9:00 Intermediate Bridge
9:00-1:00 Bone Density Screening
9:30 – 11:00 Senior Outreach Program
12:00 Pool
1:00 Pinochle
1:00 Poker

Monday, July 26

9:00 Exercise & Weights
9:00 So-Sew
9:30 Ceramic Arts Class
10:15 Tap Dancing
11:30 Lyrical Jazz
12:00 Pool
1:00 Poker
3:00 Couples Club Picnic at Glenwood Pavilion

Tuesday, July 27

9:00 Exercise & Weights
9:30 Men's/Women's Bridge
(4 some only)
10:00 Blood Pressure
11:30 Resistance Training Exercise
12:00 Pool
1:00 Intermediate Bridge
1:00 Poker

Wednesday, July 28

9:30 Line Dance
9:00 So-Sew
9:30 Ceramic Arts Class
9:30 Woodcarvers
10:00 Euchre
12:00 Pool
1:00 Bridge and Social Cards
1:15 Silvertones
6:30 Pinochle
7:00 Alzheimer's Support Meeting

Thursday, July 29

9:00 Full Body Workout
12:00 Pool
12:30 Duplicate Bridge
1:00 Poker
1:15 Bingo

CLARENCE SENIOR CENTER JULY CALENDAR

Friday, July 30

9:00 Intermediate Bridge

9:30 – 11:00 Senior Outreach Program

10:00 Scrapbooking Class

12:00 Pool

1:00 Pinochle

1:00 Poker